



Spare the Air

Sunday, September 17, 2000

www.sparetheair.org

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A d v i s o r y

Monday, September 18, is a *Spare the Air Day*

A large high pressure system moving into the Bay Area from the northwest early this week will be accompanied by a fairly intense heat wave. Conditions should resemble those that prevailed during our record-breaking bout of hot weather in June. Winds will be weak and offshore, favoring stagnancy and pollution build-up.

This bad air episode coincides with the end of this year's Central California Ozone Study, an extensive, multi-agency air pollution modeling project. For the next few days, specially equipped aircraft will traverse the skies, collecting measurements at various layers of the atmosphere. And an Intensive Operations Period will kick in for numerous air monitoring facilities stationed from Redding in the north to the Mojave Desert in the south, and from the Pacific Ocean to the Sierra Nevadas.

Spare the Air Advisories are issued by the Air District for any day on which the Bay Area is predicted to violate the federal health standard for ozone (smog). The program, initiated in 1991, is designed to prevent such violations by requesting that local residents curtail activities known to produce ozone. Spare the Air 2000 runs until October 15. Daily air quality forecasts are available at www.sparetheair.org and toll-free at 1-800-HELP-AIR.

What You Can Do to Spare the Air

- Limit driving — take public transportation or carpool. Pack a lunch so you don't have to use your car at lunchtime. Plan your errands into one trip.
- If you must refuel, do so after sundown.
- Around the house — avoid the use of aerosol products including household cleaners, deodorants, hairspray or air fresheners. Don't run gasoline-powered yard equipment. Don't paint with oil-based products.

What You Can Do to Protect Your Health on a Spare the Air Day

- Young children, elderly people and those with respiratory or heart conditions should limit outdoor activity from mid-morning until evening. Athletes are advised to train indoors.

Anyone can register to receive e-mail notification when air quality is expected to be unhealthy by signing up at www.sparetheair.org

2000 AIR QUALITY SCORE CARD

Federal Ozone excess days YTD: 4

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